

JEFF A. FOX

PERSONAL

Practice Central States Orthopedic Specialists
 Tulsa, Oklahoma
 Specialty, Knee, Shoulder and Elbow Surgery

PRACTICE

Central States Orthopedic Specialists, Tulsa Sports Medicine and Wellness
Center, Tulsa Oklahoma

The Central States Cartilage Restoration Center

Specialty- Knee, Shoulder, Elbow Surgery and Articular Cartilage Restoration

Clinical Instructor- University of Oklahoma, August 2004

HOSPITAL AFFILIATIONS

Orthopedic Hospital of Oklahoma, Tulsa, Oklahoma: August 2002 – present
St. Francis Hospital, Tulsa, Oklahoma: August 2002 – present

EDUCATION

Rush Presbyterian-St. Lukes Medical Center - Chicago, IL - 2001 to 2002
Sports Medicine Fellowship- Bernard Bach MD- Director

Vanderbilt University School of Medicine- Nashville, TN - 1996-2001
Orthopedic Surgery Residency- Dan Spengler MD- Chairman

University of Kansas School of Medicine- Kansas City, KS - 1992-1996
Doctor of Medicine

Kansas State University- Manhattan, KS - 1986-1991
Bachelor of Science -graduated with honors

AWARDS AND HONORS

Medical School: AOA

Orr Award finalist for surgery's outstanding senior medical student
Orthopedic department anatomy prosector

College:	Graduated Summa Cum Laude	1990
	Mortar Board Senior Honorary (V-P)	1990-91
	Outstanding Senior Dietetics Student	1990
	Phi Kappa Phi Honor Society	1990-91
	Chimes Junior Honorary	1989-90
	Spurs Sophomore Honorary (V-P)	1988-89
	Phi Eta Sigma Freshman Honorary	1987-88

High School:	Salutatorian, St. John High School	1986
	National Honor Society	1986
	State of Kansas Honor Scholar	1986

MEMBERSHIPS

Alpha Omega Alpha
The American Orthopaedic Society for Sports Medicine
American Academy of Orthopedic Surgeons
Arthroscopy Association of North America
Oklahoma State Medical Association
Tulsa County Medical Society
American Medical Association
Kansas State University Alumni Association
Mid-American Orthopaedic Association

COURSES

American Orthopedic Society for Sports Medicine: Surgery for the Athletes Elbow, Rosemont, Illinois, September 19-20, 2003

Comprehensive Approaches to Articular Cartilage Repair and Management; Carlsbad, California; December 7-9, 2001

American Academy of Orthopedic Surgeons Open and Arthroscopic Shoulder Surgery Course; Rosemont, IL; November 2001

AANA, The Masters Experience, General Shoulder Arthroscopy Course; Rosemont, IL; Feb. 2001

AO ASIF Basic Course; Sun Valley, Idaho; March 1999

Vanderbilt Prosthetics and Orthotics Course; October 1998

COURSE INSTRUCTOR

The Shoulder: Advanced Management options from Open to Arthroscopic, #3512, American Academy of Orthopedic Surgeons, Rosemont IL, July 16-18, 2004

13th Annual Current Issues of Magnetic Resonance Imaging in Orthopaedics and Sports Medicine: A National Symposium, San Francisco, California, Aug 22-25, 2004

The Shoulder II: Open and Arthroscopic Technique, Course #3620, American Academy of Orthopedic Surgeons, Rosemont IL, September 12-14, 2003

Shoulder Arthroscopy Workshop Instructor for the **Annual Fall Course, Arthroscopy Association of North America**, Palm Springs, CA, November 17-20, 2002

Associate Master Instructor for **The Master Experience Advanced Shoulder Course** #916, AANA, Orthopedic Learning Center, Rosemont, IL, May 31-June 2, 2002

Faculty for **Surgical Treatment of Complex Knee Ligament, Patellofemoral and Articular Cartilage Disorders**, American Academy of Orthopedic Surgeons, Orthopaedic Learning Center, Rosemont, IL, April 12-14, 2002

Associate Master Instructor for **Junior Resident Fundamental Arthroscopic Skills Course** #940, AANA, Orthopaedic Learning Center, Rosemont, IL, January 2002

Associate Master Instructor at **The Masters Experience Comprehensive Knee Course** #805, AANA, Orthopaedic Learning Center, Rosemont, IL, October 2001

PRESENTATIONS

Sports Injuries in the Not so Young Athlete: National Association of Orthopedic Nurses, Tulsa Oklahoma, October 2, 2004

Arthroscopic Stabilization for Anterior Instability: Indications and Techniques, American Academy of Orthopedic Surgeons, The Shoulder: Advanced Management Options from Open to Arthroscopic, Rosemont IL, July 16-18, 2004

Current Concepts in Sports Medicine, Vanderbilt Orthopedic Society Annual Meeting, Nassau, Bahamas, April 2, 2004

Arthroscopic Subscapularis Repair, Vanderbilt Orthopedic Society Annual Meeting, Nassau, Bahamas, April 3, 2004

Autogenous Chondrocyte Implantation, Vanderbilt Orthopedic Society Annual Meeting, Nassau, Bahamas, April 3, 2004

The Knee: New Developments, McGivern Conference, Dallas, Texas March, 26, 2004

What's New and a Review of the Knee, Oklahoma College of Environmental Medicine Annual Meeting January 24, 2004.

Cartilage Restoration-Basic Science and Clinical Update, Tulsa Orthopedic Society, Tulsa, Oklahoma, October 28, 2003.

New Developments in Knee Surgery, CSOS Workers Compensation Meeting, Tulsa, Oklahoma, August 20, 2003.

Arthroscopic Rotator Cuff Repair, 2003 Oklahoma Physical Therapy Association Annual Meeting, Tulsa, Oklahoma April 26, 2003

Arthroscopic Repair of Subscapularis Tears, 2003 Annual Meeting of the Arthroscopy Association of North America, Phoenix, Arizona, Podium Presentation, April 25, 2003

Revision ACL Reconstruction with Non-irradiated Patellar Allograft-Using Immediate Weight Bearing and an Accelerated Rehabilitation Program, 2003 Annual Meeting of the Arthroscopy Association of North America, Phoenix, Arizona, Podium Presentation, April 24, 2003

Prospective Evaluation Of Autologous Chondrocyte Implantation-Minimum Two Year Follow up, American Orthopaedic Society for Sports Medicine Specialty Day, 70th Annual Meeting of the American Academy of Orthopaedic Surgeons in New Orleans, Louisiana, Podium Presentation, February 8, 2003

Arthroscopic Subscapularis Repair, 70th Annual Meeting of the American Academy of Orthopaedic Surgeons in New Orleans, Louisiana, Podium Presentation, February 6, 2003

Arthroscopic Repair of Subscapularis Tears, 2003 ISAKOS Congress in

Auckland, New Zealand, Poster presentation, March 10-14, 2003

Articular Cartilage Update, National Association of Orthopedic Nurses Tulsa Chapter, Tulsa, Oklahoma, October 1, 2002

Arthroscopic Repair of Subscapularis Tears 16th Congress of the European Society for Surgery of the Shoulder and the Elbow, Budapest Hungary, Poster presentation, September 18-21, 2002

Revision Anterior Cruciate Ligament Reconstruction with Patellar Tendon Allograft, Thesis Day, Rush-Presbyterian Medical Center, Chicago, IL, June 7, 2002

Creatine- The Truth. Sports Medicine Grand Rounds, Rush-Presbyterian Medical Center, Chicago IL, February 19, 2002

Current Concepts in the Treatment of Articular Cartilage Defects. Orthopedic Grand Rounds, Nashville, TN, Vanderbilt University, June 2001.

Glenohumeral Instability. Orthopedic Grand Rounds, Nashville, TN, Vanderbilt University, October 1999.

Accutrak Screw Fixation of Scaphoid Nonunion and Acute Fractures. Fox, J.A., Weikert, D., Podium presentation at the Tennessee Orthopaedic Society 50th Annual Meeting, August 27-29, 1998; Sulphur Springs, West Virginia.

Compression Screw Fixation of Scaphoid Nonunions and Acute Fractures. Fox, J.A., Milek, M., Weikert, D., Podium presentation at the American Association for Hand Surgery 1999 Annual Meeting, January 13-16, 1999; Hilton Waikoloa Village, Hawaii.

PUBLICATIONS

Revision Anterior Cruciate Ligament Reconstruction with Nonirradiated Fresh-frozen Patellar Tendon Allograft, *Arthroscopy: The Journal of Arthroscopic and Related Surgery*, Vol 20, No 8, October 2004

Development of an Extensive patellar Osteophyte Following ACL Reconstruction, *The Journal of Knee Surgery*, Vol 17, No 3, July 2004

Posterior Cruciate Ligament Reconstruction: Current Trends, *The Journal of Knee Surgery*, Vol 17, No 3, July 2004

Update on Articular Cartilage, Orthopedic Knowledge Update-Sports Medicine, Prepared for the American Academy of Orthopedic Surgeons. 2004

Shell Osteochondral Allografts of the Knee: Comparison of MR imaging Finding and Immunologic Response, Review Article, *Orthopaedic Symposium: Management of Chondral Injury*, 2003.

Pectoralis Major Transfer for Scapular Winging, *Operative Techniques in Orthopedics*, Vol 13, No 4 October 2003.

Arthroscopic Subscapularis Repair, *Techniques in Shoulder and Elbow Surgery*, Volume 4, Issue 2, 2003.

Bone Bridge in Slot Technique for Meniscal Transplantation, *Operative Techniques in Sports Medicine*, Volume 11, Issue 2, April 2003

Bone Plug Technique for Meniscal Transplantation, *Operative Techniques in Sports Medicine*, Volume 11, Issue 2, April 2003

Update on Articular Cartilage Restoration, *Techniques in Knee Surgery* Volume 2, No. 1, March 2003

Fresh Osteochondral Allograft Transplantation- Operative Technique, *Operative Techniques in Sports Medicine*, Vol 10, No. 3, July 2002

PASTA Lesion-Arthroscopic Transtendon Repair, *Operative Techniques in Orthopedics*, Vol 12, No. 3, 2002

Arthroscopic Subscapularis Repair, *Operative Techniques in Orthopedics*, Vol 12, No 3, 2002

Anterior Cruciate Reconstruction with Patellar Tendon Autograft, *Clinical Orthopedics and Related Research*, Volume 402, September 2002

Fresh Osteochondral Allograft, *Seminars in Arthroplasty*, Volume 13, Number 2, April 2002

Arthroscopic Treatment of Lateral Epicondylitis-The 4-step Technique, *Orthopedic Technology Review*, Volume 4, Number 5, September/October 2002

Autologous Chondrocyte Repair of an Articular Defect in the Humeral Head- A Case report and Review of the Literature *Arthroscopy*, Vol 18, No 2, October 2002

Single Incision Technique for Distal Biceps Tendon Repair: Using the Endobutton, *Operative Techniques in Sports Medicine*, Vol 11; No. 1, January 2003

Decision Making in Articular Cartilage Injuries; Textbook of Arthroscopy, Published 2004, Editor Mark Miller and Brian Cole; Authors Freedman, Fox, Cole, WB Saunders

Arthroscopic Subscapularis Repair, Textbook of Arthroscopy, Published 2004
Editor Mark Miller and Brian Cole, WB Saunders

BOOK CHAPTERS PENDING PUBLICATION

High Tibial Osteotomy, Surgical Techniques in Sports Medicine (Thieme Medical Publishers)

Revision Anterior Cruciate Ligament Reconstruction, Surgical Techniques in Sports Medicine (Thieme Medical Publishers)

Cartilage Injury in the Athletes Shoulder, Cartilage injuries in Athletes, (Thieme Medical Publishers)

ON THE WEB

Revision Anterior Cruciate Ligament Reconstruction prepared for the American Academy of Orthopedic Surgeons, Orthopedic Knowledge Online.

TEAM COVERAGE

Bixby High School	2002-present
Vanderbilt University Men's Soccer	2000
Vanderbilt University Football	1999

PERSONAL INTERESTS

Fly Fishing, Cycling, Basketball, Hunting, Weight Training, and Golf

